



100 INTERESTING FACTS ABOUT COFFEE



A CAREFULLY CRAFTED LIST OF 100

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Contents

[100 Interesting facts about coffee](#)

[# 1:](#)

[# 2:](#)

[# 3:](#)

[# 4:](#)

[# 5:](#)

[# 6:](#)

[# 7:](#)

[# 8:](#)

[# 9:](#)

[# 10:](#)

[# 11:](#)

[# 12:](#)

[# 13:](#)

[# 14:](#)

[# 15:](#)

[# 16:](#)

[# 17:](#)

[# 18:](#)

[# 19:](#)

[# 20:](#)

[# 21:](#)

[# 22:](#)

[# 23:](#)

[# 24:](#)

[# 25:](#)

[# 26:](#)

[# 27:](#)

[# 28:](#)

[# 29:](#)

[# 30:](#)

[# 31:](#)
[# 32:](#)
[# 33:](#)
[# 34:](#)
[# 35:](#)
[# 36:](#)
[# 37:](#)
[# 38:](#)
[# 39:](#)
[# 40:](#)
[# 41:](#)
[# 42:](#)
[# 43:](#)
[# 44:](#)
[# 45:](#)
[# 46:](#)
[# 47:](#)
[# 48:](#)
[# 49:](#)
[# 50:](#)
[# 51:](#)
[# 52:](#)
[# 53:](#)
[# 54:](#)
[# 55:](#)
[# 56:](#)
[# 57:](#)
[# 58:](#)
[# 59:](#)
[# 60:](#)
[# 61:](#)
[# 62:](#)
[# 63:](#)
[# 64:](#)
[# 65:](#)
[# 66:](#)
[# 67:](#)

[# 68:](#)
[# 69:](#)
[# 70:](#)
[# 71:](#)
[# 72:](#)
[# 73:](#)
[# 74:](#)
[# 75:](#)
[# 76:](#)
[# 77:](#)
[# 78:](#)
[# 79:](#)
[# 80:](#)
[# 81:](#)
[# 82:](#)
[# 83:](#)
[# 84:](#)
[# 85:](#)
[# 86:](#)
[# 87:](#)
[# 88:](#)
[# 89:](#)
[# 90:](#)
[# 91:](#)
[# 92:](#)
[# 93:](#)
[# 94:](#)
[# 95:](#)
[# 96:](#)
[# 97:](#)
[# 98:](#)
[# 99:](#)
[# 100:](#)

100 Interesting facts about coffee

Did you know people used to eat coffee instead of drink it? They would mix coffee in animal fats and consume it in block form. To learn more about coffee just flip the page!

1:

Coffee is the second largest traded commodity in the world.

2:

Coffee is worth over 100 billion dollars across the other world.

3:

The most popular beverage after water is coffee.

4:

The only two American states that grow coffee are Hawaii and California.

5:

Coffee was discovered by an Ethiopian goat herder after he saw how the goats became more energetic after nibbling on something.

6:

Coffee was discovered in the 1500s.

7:

The Mecca had banned coffee in 1511 because it was thought to influence radical thinking and idleness.

8:

If you add cream to your coffee it can stay warm 20% longer.

9:

A woman can divorce her husband if he fails to bring her fresh coffee in the morning in Saudi Arabia.

10:

‘Espresso’ means expressed or forced out in Italian. Espresso is a type of coffee made by forcing high-temperature water under high pressure through compacted coffee.

11:

Coffee is actually a fruit.

12:

Coffee beans is actually the pit of a berry.

13:

An average American spends \$1092 a year on coffee which is around \$20 a week. At this price, we could buy a new iPhone.

14:

The younger you are, the more likely you are to spend more money on coffee.

15:

There are two main varieties of coffee beans: red and green.

16:

Lighter coffees are made from red coffee beans.

17:

Red coffee beans are less acidic in taste and have a nicer smell.

18:

Coffee beans that have been roasted are considered healthier.

19:

Decaffeinated coffee is produced from a chemical process in which the caffeine is extracted out of the beans.

20:

Coca-cola is a major buyer of caffeine.

21:

Beethoven loved coffee so much that he'd made sure his brew is always made from an exact number of 60 coffee beans.

22:

The most expensive coffee on Earth is “Kopi Luwak”. This Indonesian coffee is produced from beans that have been digested by the Asian Palm Civet. In other words, the coffee is made from cat poop. It’s about \$420 per kg.

23:

Europeans import more coffee than Americans.

24:

The leading exporter of coffee is Brazil.

25:

The two types of coffee are the Arabica coffee and the Robusta coffee. Arabica coffee is grown on the Arabian Peninsula. The Robusta coffee has double the quantity of caffeine than Arabica coffee.

26:

The top 4 coffee roasting companies purchase half of the world's coffee produced.

27:

The Big Four coffee roasting companies are Kraft, P&G, Sara Lee, and Nestle.

28:

Coffee shops used to be everywhere in modern-day Istanbul in the 15th century.

29:

The lighter the beans are the more caffeine it actually carries.

30:

It's better to drink a light roast coffee in the morning after you woke up compared to other types.

31:

It's better to drink dark roast coffee towards the end of the day than light roast coffee to prevent insomnia.

32:

It's possible to overdose on caffeine although the chance of that is low and the occurrence is rare.

33:

Most of the overdoses due to caffeine stem from medication overdoses and not beverage overdoses.

34:

It's good to drink less than 400 mg of caffeine per day to not accidentally overdose. That translates to about 8-ounce cups of coffee.

35:

Drinking too much coffee can cause migraines, increased heart rate, muscle tremors, nausea, and dysphoria.

36:

On rare occasions, coffee can cause seizures and hallucinations. This is more likely to occur if one consumes more than 1200 mg of caffeine.

37:

Theodore Roosevelt, the former U.S. president drank a gallon of coffee per day and perished at age 60 due to a blood clot.

38:

Johann Sebastian wrote a song about coffee called “Coffee Cantata” in 1735.

39:

In 1932, Brazil couldn't afford to send their athletes to the Olympics to compete so they put the athletes on a ship along with 50,000 sacks of coffee. They sold the coffee as they docked at different ports and were able to pay for the athletes to compete.

40:

Many men would use coffee shops as a place for political talks in the late 1600s.

41:

Women in the 1600s may have believed that coffee would turn their husbands into useless corpses. It's unclear if the men wrote that instead of the women.

42:

34% of people spend more on coffee than on investments.

43:

New York City has the largest amount of coffee shops in America per capita.

44:

Coffee has to be grown from high-altitude soils.

45:

Most of the coffee produced in the world originated from Africa and Latin America.

46:

Brazil has been the leading coffee producer for more than 150 years.

47:

1/3 of the global coffee production comes from Brazil. Vietnam, Columbia, and Indonesia are also among the top producers of coffee.

48:

Dark chocolate contains about 12 milligrams of caffeine in 1 ounce.

49:

Coffee is a good source of antioxidants.

50:

The fastest time a person has drunk a cup of coffee was 4.35 seconds by Andre Ortolf a German citizen in 2019.

51:

It's possible to modify cars to run on coffee.

52:

The first webcam ever created was invented to watch coffee. The inventors wanted to make sure there's still coffee in the pot before heading to get it.

53:

Starbucks famous for selling coffee was founded by two teachers and a writer who must have really needed coffee.

54:

The smell and taste of coffee are drastically different.

55:

Those who live in New York drink 7 times the coffee compared to people living in other cities.

56:

The first product sold my Starbucks was roasted whole coffee beans.

57:

One pair of twins in Sweden was sentenced to death but the death sentence was converted to allow King Gustav III to experiment coffee on them. One twin was only allowed to drink tea and the other coffee for the rest of their lives while under life imprisonment.

58:

The name 'Cappuccino' has a monk inspiration. The color of the drink looks like the color of the Capuchin robes the monks wore in 16th century Italy.

59:

Drinking coffee can slow down the production of melatonin, a chemical that helps us feel sleepy. Thus, it's not good to drink coffee at night.

60:

Starbucks is the largest coffeehouse company in the world with more than 27,000 stores worldwide.

61:

Starbucks has over 87,000 different drink combinations.

62:

The caffeine in coffee can enter into the blood and mix with the sperm.

63:

A study found that consuming more than 4 cups of coffee each day can produce oddly shaped sperm cells.

64:

It would take 70 cups of coffee to kill a person weighing 70kg.

65:

Coffee contains caffeine which causes you to urinate more frequently after consuming a cup of coffee.

66:

The second-largest producer of coffee is Vietnam.

67:

It'll take a day for caffeine to fully exit from your system.

68:

The effect of coffee would be at its peak 30-60 minutes after drinking it.

69:

Starbucks opens up a new store every day across the globe.

70:

Coffee can increase your metabolism.

71:

Some fitness trainers believe that drinking coffee before a workout can maximize fat-burning potential.

72:

Half of the caffeine is cleared from your body within 5 hours.

73:

In 2016, the German government banned coffee pods to prevent unnecessary waste.

74:

If you want to overdose on coffee, you'll need to drink 3 cups of coffee per hour for 24 hours for it to kill you.

75:

20% of the coffee mugs from offices have been found to contain fecal bacteria.

76:

It takes 37 gallons of water to produce a coffee bean.

77:

Drinking 2-4 cups of coffee each day can reduce suicide risks by 50%.

78:

Drinking coffee can reduce the effect of liver damage caused by drinking alcohol.

79:

It takes 1300 gallons of water to create one cup of 12 oz. coffee.

80:

In the 17th century, the Ottoman Empire believed that coffee has a mind-altering effect and banned it from the public.

81:

Those caught drinking coffee in the 17th century Ottoman Empire would be sentenced to death.

82:

If you mix sperm and caffeine together in a test tube, it makes the sperms swim better but burn out faster so it's less likely for them to properly fertilize an egg.

83:

25 million small producers of coffee make their living that way. If everyone demands less coffee, many of them won't be able to support themselves and their kids.

84:

Drinking coffee while stressed can increase the chance of hallucination.

85:

Coffee plants require tropical climates in order to thrive.

86:

Roasting coffee beans would turn the beans brown, an important step to prepare them for brewing.

87:

Roasting coffee is what gives taste to coffee beans.

88:

Fairtrade premium coffee has a better taste and farmers spend an extra 25% of their time to produce it.

89:

Fairtrade premium coffee is the recipient of over 28 awards.

90:

In 1907, instant coffee was invented.

91:

Coffee was seen as a dark elixir of Muslim beverage by early Christians when it was first introduced.

92:

In 1600, Pope Clement VIII popularized the coffee drink by declaring it a Christian beverage.

93:

Coffee is a 6.2 billion industry in Canada and has created ~200,000 jobs. This is the case for many countries. Without coffees, many people would be jobless.

94:

There's a type of coffee that's made from elephant poop and it's very expensive.

95:

The oldest cat ever recorded, a 38-year-old cat called Crème Puff love to drink coffee every morning throughout her entire life.

96:

Coffee beans are actually berries not beans but we call them beans because they resemble beans.

97:

Before coffee became popular and people drink it in the morning, the morning drink used to be cider or beer in America.

98:

Coffee can reduce the risk of Alzheimer's.

99:

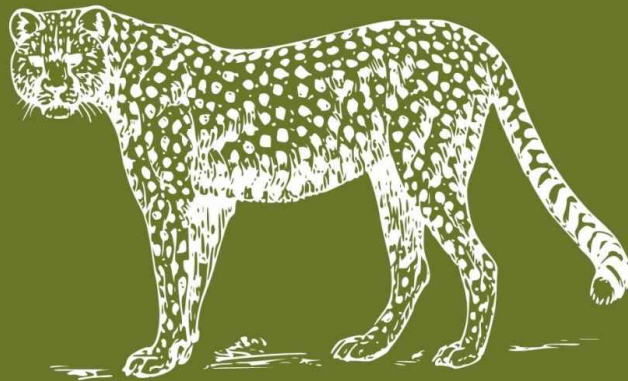
Coffee used to be food, not a drink. East African tribes would mix coffee berries with the fats of animals and eat them as food in the past.

100:

Humans drink 2.25 billion cups of coffee every day.

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